



**COSMETIC  
SURGERY  
PARTNERS**

## **COVID-19:**

**Updated pre-operative pathway for surgical patients**

# We are confident that it is safe to come onto our premises and to receive care with us.

Here is what we have done to ensure everyone's safety:

- 1. Daily Health Symptom Screenings:** All of our employees, faculty, staff, patients, and visitors are screened before they are allowed to enter the building.
- 2. Visitor Restrictions:** We are unable to have visitors for patients. Patients to be dropped off and collected only. Although we deeply regret the anxiety that these rules create for our patients, we know that keeping all of our patients safe from COVID-19 must be our first commitment.
- 3. Face Masking:** We require all employees, patients and visitors to wear a mask while they are with us.
- 4. Physical Distancing:** We have rearranged our clinics and internal spaces so that patients, employees and faculty can maintain appropriate physical distance. Even when physical distancing is not possible, the use of masks still provides necessary protection.
- 5. COVID-19 Testing:** We are asking all patients to be tested for COVID-19 prior to arriving for their operation. To be arranged with Cosmetic Surgery Partners or locally by a registered approved test center.
- 6. Hospital-grade cleaning protocols:** Our premises and all instruments are either disinfected or sterilized per a rigorous protocol. In examination rooms, this protocol includes cleaning and disinfecting all surfaces, including examination tables, chairs, keyboards, computers, chinrests, and handles.

# Step 1: A guide to your preparations before surgery

## To help minimize risk of asymptomatic spread of coronavirus during your procedure we ask that you:

You will also be asked to enter a period of self-isolation or shielding. This will be for a period of 10 days prior to the date of your surgery/procedure. Each family will need to consider the best option for them:

### **Option 1 - Self-isolation, including members of your household**

Self-isolation means that the whole of your household does not leave home for 10 days. However, you can continue to interact with each other as normal, but only with the people you live with.

### **Option 2 - Short Term Shielding**

Short Term shielding means you will need to stay at home and avoid any face-to-face contact, even with members of your own household for 10 days. This means:

- You cannot leave your house
- No visitors should come to your home
- You cannot use public transport
- You will need to ask friends, family member or delivery services to help you – such as getting groceries, medications or other shopping

- 1. Complete Current Health Questionnaire 14 days before surgery.**
- 2. Our nurse will call to make an assessment following completion of this by telephone. She will guide you through your time of arrival at the hospital and when to stop eating and drinking and to discuss any concerns you may have before your surgery.**
- 3. Compulsory use of NHS Contact Tracing App for 14 days pre-treatment.**

## Step 2: 7 Days Prior To Surgery

1. Surgery consent form to be signed. Your consultant will telephone you to guide you through this form.
2. **Pre-surgery COVID-19 testing:** We want to perform your surgery in the safest possible circumstances to give you the best chance of a smooth recovery. **One of our nurses will reach out to ask you about symptoms and will schedule you for coronavirus testing even if you do not show symptoms consistent with the virus.** You will need to arrange a Covid-19 test 72 hours prior to your surgery. This can be arranged with Cosmetic Surgery Partners or locally by a registered approved test centre.
3. **For the Safety of all until we have a negative result surgery cannot go ahead.**
4. **Check for the symptoms** daily prior to surgery and notify us if you have any of the following :
  - Fever  $\geq$  38.0 C (100.5 F) last 24 hours
  - New respiratory symptoms (e.g. cough

## Step 3: Understand what to expect day of surgery

- Please arrive to the hospital in your own transport . Please do not use public transport.
- Please wear your mask and gloves provided in your surgery pack.
- Please have your designated person drop you off **two hours prior to your surgery start time at the London Welbeck Hospital main entrance**
- Upon entering our facility you will be health screened by one of our kind nurses at the hospital.
- As an extra layer of protection, you will notice our entire staff will be wearing surgical masks.
- You will then be escorted to the Surgery Waiting Area to be checked in and sign appropriate paperwork.
- Please be sure to include the contact information of you designed point person.
- As soon as the surgical team is ready for you, they will come down to escort you up to your room.
- Further Covid-19 testing on arrival , Rapid test

We are happy to assist you with options on how to stay connected to your loved ones throughout your stay. The hospital telephone number for your family/friends to call is 0207 224 2242.

As soon as you are ready to go home, we will coordinate with your designated person and family/friend for them to collect you.

**Please know we genuinely care about you, and will do everything we can to provide you with the safest and best possible care experience.** If you have any questions or concerns prior to that day, please don't hesitate to contact us.

**Please contact us with any questions 0207 486 6778.**

**I can confirm I have read the above instructions and I will adhere to all of the above.**

Patient Name \_\_\_\_\_

Signature \_\_\_\_\_